

BACK TO BASICS: PREVENTING COVID

Practicing these recommendations will help prevent COVID-19:

- Avoid touching your eyes, nose and mouth
- Avoid contact with anyone who is sick or may feel sick
- Stay at home, and away from others, if you feel sick
- Use a face covering when physical distancing is difficult or when entering closed spaces
- Physical distancing should be at least 1 meter (3 ft)
- Clean and disinfect frequently touched objects and surfaces often
- Incorporate good hand hygiene into your daily routine:
- Wash your hands with soap and water. The World Health Organization recommends washing hands for 40-60 seconds.
- When hand washing is not available, use a hand sanitizer
- Hand sanitizers should contain at least 60% alcohol

Vaccines for COVID-19

Currently, there are four vaccines that have been authorized in the United States to prevent the spread of COVID-19. Those vaccines include Pfizer-BioNTech, Moderna, Novavax, and Johnson & Johnson's Janssen.

COVID-19 Vaccine Benefits:

Staying up to date with the recommended vaccines and boosters will ensure that you are best protected from COVID-19. Updated COVID-19 boosters contribute to restoring protection against newer variants including the most recent Omicron subvariants, BA.4 and BA.5.

Vaccine overview:

		Moderna	Pfizer-BioNtech	Johnson & Johnson
Who can get this vaccine		People 18 years and older	People 12 years and older	People 18 years and older
Type of vaccine		mRNA*	mRNA*	Viral vector**
Number of shots you will need		2 shots given 28 days apart	2 shots given 21 days apart	1 shot given
When you are fully vaccinated		14 days after second shot	14 days after second shot	14 days after shot
Effectiveness	Against all Covid-19 illness	94.5%	95%	66%
	Against severe illness from Covid-19	100%	75%	86%
	Against death from Covid-19	100%	100%	100%

Individuals are considered fully vaccinated two weeks after receiving their second dose of the Moderna and Pfizer-BioNTech vaccines; and two weeks after receiving a dose of the Johnson & Johnson/Janssen vaccine.

How can I get vaccinated?

COVID-19 vaccines are 100% free. Find a vaccination site near you at www.coreresponse.org/covid-19/atlanta-ga or ext your Zip Code to 438829. Call 1-800-232-0233 (TTY 888-720-7489) or, call the Georgia Department of Public Health Vaccine Scheduling Line 1-888-457-0186.

Source: GA Department of Public Health